

# **COMPETITION INFORMATION:**

## **Number of Events:**

BODYBUILDING - up to 60 kg

up to 65 kg

up to 70 kg

up to 75 kg

up to 80 kg

up to 85 kg

Over 85 kg

## ATHLETIC PHYSIQUE

Up to and include 165 cm. + 2 kg. Up to and include 170 cm. + 3 kg

Above 170 cm + 4 kg

## 1. DATE & PLACE:

1.1 - 7 to 9 October, 2016

1.2 - Hotel: Novotel Jakarta Mangga Dua Square

Jalan Gunung Sahari Raya No 1, Pademangan, Jakarta, Indonesia

- 1.3. Weigh-in: on 7th October evening at the Novotel Jakarta Mangga Dua Hotel at 5 pm.
- 1.3 Venue of Competition: Bodybuilding and Athletic Physique competition will be held at the Ballroom of the Novotel Jakarta Mangga Dua on 8th October, 2016 (pre-judging in the morning at 9 a.m. and Finals to be continued in the evening).

#### 2. ELIGIBILITY:

- a) WBPF members are welcome to participate. Athletes and Officials nominated by their National Olympic Committee or Sports Ministry are also eligible.
- b) Each national federation in bodybuilding competition may enter a maximum of two
- (2) bodybuilders per category and composed of no more than 7 bodybuilders.
- c) Each national federation in the Athletic Physique may enter a maximum of two (2) athletes per category and composed of no more than 3 Athletic Physique

## 3. ENTRIES:

Entry form must be submitted on or before September 7th, 2016 to the WBPF Secretariat

## 4. REGISTRATION AND PARTICIPATION FEE

Twin bed sharing room: US\$120.00 per day for 2 person including breakfast

Single room US\$100.00 per day including breakfast for 1 person

Plus each person is required to pay US\$80.00 for the following:

- a) Airport Transfer arrival and departures;
- b) Plus airport greetings
- c) Liaison Officers
- d) TAFISA GAMES Souvenirs:

Caps, Polo-Shirt, Key Ring and Mascot Doll

7 and 8 October 2016 x 2 nights

(Twin bed sharing room US\$120 plus US\$80.00 for souvenirs, total US\$200.00 per person for two days, therefore, for 2 person, it is US\$400.00 for two nights stay.)

(Single room US\$100.00 x 2 days = US\$200.00 plus US\$80.00 = US\$280 per person)

Early arrivals: you are required to pay US\$120 for a twin bed room and US\$100 for a single room.

Payment is to be made in advance to: ASIAN BODYBUILDING FEDERATION

ACCOUNT NO.025-005145-9 DBS BANK OF SINGAPORE

BLOCK 101 #01-238 TOWNER ROAD BRANCH

**SINGAPORE 322101** 

**SWIFT CODE: DBSSSGSG** 

Once confirmed participation, it cannot be cancelled as the hotel will insist payment and also for the souvenirs which will be ordered for you in advance.

(Note: Kindly advise us the size of the T-Shirts that you require by 7th September, 2016.)

## 5. TECHNICAL MEETINGS:

Technical Officials Meeting of the Judges and Team Managers will be held on 7th October 2016 at 6 pm. at Novotel Jakarta Managa Dua Hotel.

## 6. GENERAL RULES AND REGULATIONS:

The Bodybuilding and Athletic Physique Sport will be conducted in accordance with the current WBPF official rules and regulations in force.

#### 7. WEIGH-IN

The weigh-in shall be conducted by WBPF Officials represented by the Team Manager's of each country to witness the weigh-in.

## 8. DRESS CODE

All competitors participating in the bodybuilding and athletic physique competitions must wear appropriate clothing and apparel that comply with the WBPF dress code.

## 9. POSING MUSIC CD

All CDs properly cued at the start of the music and should be handed over to the Chairman of the Judges' Committee during the Team Manager's Meeting on 7th October, 2016 evening; The use of profane, vulgar or offensive language in posing music is prohibited under the Rules of WBPF and the competitor will be disqualified from participation in the Games.

#### 10. VICTORY CEREMONIES

Players will be escorted to the podium. TAFISA medals - Gold, Silver and Bronze for the top 3 winners, and participation certificates will be presented to the top 5 athletes on stage. The national anthem of the gold medallist will be played at the venue with flag raising ceremony. DEPARTURE

All officials and athletes must check out before 12 p.m. If you wish to extend your stay you need to re-book your reservation with the hotel as the Organisers will not be responsible for your extended stay.

#### **SECRETARIAT ADDRESS:**

WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION Tannery block, Ruby Industrial Complex, 35 Tannery Road, #04-01, Singapore 347740, Tel: (65) 6747 0635 / 6747 0636

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